## POST-ACCEPTANCE CHECKLIST

### 6 MONTHS OR EARLIER

- **Travel Preparation**
  - Apply for/Renew passport (expiration date must be ≥ 6 months after the end of your program)

- **Financial Planning**
  - Review the budget for your study abroad program on your program page: geo.uoregon.edu/programs
  - Research and plan for scholarship applications (deadlines such as the Boren are only once a year)
  - Visit the GEO scholarships page: www.geo.uoregon.edu/scholarships
  - Meet with a financial aid advisor at your home institution

### 3 – 6 MONTHS BEFORE ARRIVAL

- **Travel Preparation**
  - Complete additional required materials in your GEO study abroad program application
  - Research/book flights and cancellation insurance packages after program confirmation
  - Apply for student visa if necessary (information regarding visas will be provided by GEO upon acceptance)

- **Health Preparation**
  - Check with your doctor if you have any chronic health conditions, dietary restrictions, etc. to talk about preparations abroad
  - Inform your GEO study abroad advisor if you have any accommodations you will need abroad

- **Academic Preparation**
  - Meet with an academic advisor to ensure how study abroad will fit into graduation requirements, keeping in mind the term(s) you will be abroad
  - Familiarize yourself with courses offered on your program

- **Cultural Preparation**
  - Learn key phrases: buy a dictionary and/or phrasebook for the language of the country you are studying in
  - Research on how your identities may be received abroad (e.g. gender, sexual orientation, ethnicity, faith, etc.)

### 1 – 3 MONTHS BEFORE ARRIVAL

- **Health Preparation**
  - Complete all related travel clinic/health forms required in your GEO application
  - Discuss medications and prescriptions/supplies abroad with your doctor
  - Familiarize yourself with your host country’s healthcare system
  - Request copies of pertinent medical records that you may need abroad

- **Academic Preparation**
  - Select courses for your time abroad in consultation with your academic advisor
  - Research academic cultural differences in your host country
  - Familiarize yourself with your program’s grading and credit system

- **Financial Preparation**
  - Ask your bank about transaction fees and foreign partners abroad
  - Look into ordering foreign currency from your bank (if going abroad for an extended period of time)
  - Research local banks in your host country if you are considering opening a foreign bank account
  - Consider international student discount programs like the International Student Identity Card (ISIC)

- **Personal/Cultural Preparation**
  - Talk to your cell phone company and research local options in your host city
  - Reach out to other students in your program or study abroad returnees
  - Familiarize yourself with host country’s cultural norms
  - Research safety/travel advice in your host city (note the local emergency services number): travel.state.gov
1 – 3 WEEKS BEFORE ARRIVAL

Financial Preparation
☐ Check in with bank/credit card company regarding travel and using your cards abroad
☐ Withdraw cash (if applicable)
☐ Familiarize yourself with currency exchange rates

Academic Preparation
☐ Verify your GEO study abroad application is complete so you can be registered for courses/financial aid abroad

Personal/Cultural Preparation
☐ Contact your cell phone company to unlock your phone if you are planning on using it with a foreign SIM card
☐ Create a travel itinerary with housing locations, transportation details, and important contact information
☐ Make copies of important documents: passport/visa, itinerary, credit card/bank details. Leave a copy with trusted family/friends.
☐ Think about communication plan with family/friends while abroad: how will you stay in touch while away?
☐ Download related phone apps: e.g. transportation apps, communication apps, currency converter

Note: This is not a comprehensive list of preparation materials, as requirements will differ from country to country and from student to student.

Programs: www.geo.uoregon.edu/programs
Study Abroad Scholarships: www.geo.uoregon.edu/scholarships
For Advising Phone Appointments: Call 541-346-3207

Personal to-do list: