

POST-ACCEPTANCE CHECKLIST



6 MONTHS OR EARLIER

- Travel Preparation**
 - Apply for/Renew passport (expiration date must be \geq 6 months after the end of your program)
- Financial Planning**
 - Review the budget for your study abroad program on your program page: geo.uoregon.edu/programs
 - Research and plan for scholarship applications (deadlines such as the Boren are only once a year)
 - Visit the GEO scholarships page: www.geo.uoregon.edu/scholarships
 - Meet with a financial aid advisor: Drop-in advising, M-F, 9 AM - 4 PM at 260 Oregon Hall

3 - 6 MONTHS BEFORE ARRIVAL

- Travel Preparation**
 - Complete secondary study abroad program application if necessary (exchange/CIEE/SIT/IE3/DIS, etc)
 - Research/book flights and cancellation insurance packages **after** program confirmation
 - Apply for student visa if necessary (information regarding visas will be provided by GEO upon acceptance)
 - International students: speak to an ISSS advisor about maintaining your status abroad
- Health Preparation**
 - Check with your doctor if you have any chronic health conditions, dietary restrictions, etc. to talk about preparations abroad
 - Inform your GEO study abroad advisor if you have any accommodations you will need abroad
- Academic Preparation**
 - Resolve any holds on your UO registration, such as unpaid tuition or misc. fees on your account. You can view holds in Duckweb under the Student Menu. Contact the UO Registrar with any questions about holds.
 - Meet with an academic advisor to ensure how study abroad will fit into graduation requirements, keeping in mind the term(s) you will be abroad
 - Familiarize yourself with courses offered on your program
 - Refer to the course equivalencies database: <http://registrar.uoregon.edu/geo-course-equivalencies>
- Cultural Preparation**
 - Learn key phrases: buy a dictionary and/or phrasebook for the language of the country you are studying in
 - Research on how your identities may be received abroad (e.g. gender, sexual orientation, ethnicity, faith, etc.)

1 - 3 MONTHS BEFORE ARRIVAL

- Health Preparation**
 - Make an appointment at the UO Health Center to complete all related travel clinic/health forms
 - Discuss medications and prescriptions/supplies abroad with your doctor
 - Familiarize yourself with your host country's healthcare system
 - Request copies of pertinent medical records that you may need abroad
 - Academic Preparation**
 - Select courses for your time abroad in consultation with your UO academic advisor
 - Research academic cultural differences in your host country
 - Familiarize yourself with your program's grading and credit system
 - Financial Preparation**
 - Ask your bank about transaction fees and foreign partners abroad
 - Look into ordering foreign currency from your bank (if going abroad for an extended period of time)
 - Research local banks in your host country if you are considering opening a foreign bank account
 - Set up DuckWeb online tuition payment system if you haven't already
 - Consider international student discount programs like the International Student Identity Card (ISIC)
 - Personal/Cultural Preparation**
 - Talk to your cell phone company and research local options in your host city
 - Reach out to other students in your program or study abroad returnees
 - Familiarize yourself with host country's cultural norms (useful resource: UO Mills International Center in EMU)
 - Research safety/travel advice in your host city (note the local emergency services number): travel.state.gov
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1 – 3 WEEKS BEFORE ARRIVAL

- Financial Preparation**
 - Check in with bank/credit card company regarding travel and using your cards abroad
 - Withdraw cash (if applicable)
 - Familiarize yourself with currency exchange rates
- Academic Preparation**
 - Verify your GEO study abroad application is complete so you can be registered for courses/financial aid abroad
- Personal/Cultural Preparation**
 - Contact your cell phone company to unlock your phone if you are planning on using it with a foreign SIM card
 - Create a travel itinerary with housing locations, transportation details, and important contact information
 - Make copies of important documents: passport/visa, itinerary, credit card/bank details. Leave a copy with trusted family/friends.
 - Think about communication plan with family/friends while abroad: how will you stay in touch while away?
 - Download related phone apps: e.g. transportation apps, communication apps, currency converter

Note: *This is **not** a comprehensive list of preparation materials, as requirements will differ from country to country and from student to student.*

Programs: www.geo.uoregon.edu/programs

Study Abroad Scholarships: www.geo.uoregon.edu/scholarships

Advising Appointments: Call 541-346-3207

Drop-In Advising/General Questions: 1:30 – 3:30 PM (Mon – Fri), 333 Oregon Hall

**Note: Drop-in advising is only ongoing during the academic year*

Personal to-do list: